

A maroon banner with a sunburst pattern of rays emanating from the center. The text "Driving for Life" is centered in white serif font.

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Distractions

Using the cell phone, tuning the radio, others talking in the car, eating or drinking while driving.

Stretches/Exercise

Activities done to maintain or improve your strength.

Age

This is what qualifies a person as a senior (older) driver.

Audiologist

Visit this person at least every 3 years to check your hearing.

Medications

Talk to your doctor or pharmacist about any medication you take and make sure it does not impact your driving ability.

FTYROW

Failure to yield right of way. This is a significant crash factor for senior drivers.

Intersection

Senior drivers are more likely to crash at intersections, so make sure you follow traffic signs/signals.

Rain

Drive during good weather whenever possible.

Stop Sign

**It is important for you
to always look left, look
right, and left again at
this sign.**

Day

**It is easier to see during
this time than at night!**

Preplan

**One way to be safer is
to plan ahead your trip
picking routes and times
comfortable for you.**

Rush Hour

**Avoid driving during
this time block if at all
possible!**